

USA WRESTLING NEW JERSEY

SPRING 2007

JUNIOR OLYMPIC

FREESTYLE & GRECO-ROMAN SCHEDULE

Schedule and Road Trip Summary

The wrestling season does not end with the scholastic states.

The Olympic styles of Freestyle and Greco-Roman wrestling come alive. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions. Listed in this flyer are the 2007 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament dates and sites. This schedule has been designed to facilitate the introduction and training of wrestlers to Freestyle and Greco-Roman. All events should be checked on the NJ Wrestling website: www.usawnj.org or the USA Wrestling national website: www.themat.com

Getting good training and competition is vital to one's development in Freestyle wrestling and Greco-Roman wrestling. Training and competing in State and National events will greatly enhance one's skills and knowledge of the sport. The Goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same.

See you at the TOP!!!

Coaches are needed. If you can provide assistance, contact William Terrell at (732) 826-0303 or Rich Santoli at (201) 921-3275.

Age & Weight Level; Developmental; Qualifiers; and Championships

ALL NJ TOURNAMENTS* will contain the following age divisions for both Freestyle and Greco Wrestling: Midget, Novice, Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and/or styles in place of the normal developmental tournament for that division. These tournaments will be noted. See the age level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers who must participate in designated tournaments to qualify for the team competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the New Jersey Fargo trip.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

- Seniors** Born 1987 or before: 110, 121, 132, 145.5, 163, 185, 211.5, 264.5
(Those born in 1988-1989 need medical certificate to participate in this division.)
- JUNIORS** Born after 9/1/87 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275
(Must be enrolled in grades 9-12)
- JUNIORS** Born 9/1/1987 & after, plus enrolled in grades 9-12
(Women) 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220

KIDS DIVISIONS

- CADETS** Born 1991-1992 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275
- SCHOOLBOY/GIRL** Born 1993-1994 70-130 by 5=s, 145, 165, 185, 205, 225, 250
- NOVICE** Born 1995-1996 60-105 by 5=s, 112, 120, 130, 140, 140+ * 25 lbs. Max difference
- MIDGET** Born 1997-1998 50-80 by 5=s, 87, 95, 103, 112, 120, 120+ * 20 lbs. max difference
- BANTAM** Born 1999-2000 40-75 by 5's, 75+ *15 lbs. max difference

*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers.

2007 USAW/NJ FREESTYLE and GRECO Schedule

*** All Registrations and Weigh-ins 8 am – 9 am**

<u>Date</u>	<u>Place</u>	<u>Event, Styles/ages/weights, Director, Phone</u>
March 31, 2007	Brick Mem. HS, NJ	<u>Clinic-Greco Roman</u> Clinician: Andy Seras (details on last page) Clinic free to all USA-NJ card holders – 9:30am to 3pm Contact: Dan Mullan 732-222-9182
April, 1 2007	Brick Mem. HS, NJ	<u>Fs / Gr Developmental Tournament</u> All age Divisions & NE Senior Freestyle Championship Madison Weight Classes Director: Dan Mullan 732-222-9182
April 14, 2007	Long Branch MS, NJ	<u>Freestyle Ranking Tournament</u> – SB, Cadet & Junior. USA Weight Classes Director: Dan Mullan 732-222-9182
April 21, 2007	Pinelands HS, NJ	<u>Par Terre Clinic</u> : 8:30am -12:30pm Clinic free to all valid USA-NJ cardholders FS/ Gr Developmental Tournament . All Divisions: Wrestling starts at 1pm Madison weight classes Weigh-ins before the clinic Director: Dan Mullan 732-222-9182
April 28, 2007	Eastern HS, NJ	Kids/Cadet Freestyle & Greco States USA Weight Classes Director: Pete DiBiase 609-221-3210
May 6, 2007	Elizabeth HS, NJ Dunn Center	Junior Freestyle & Greco State Tournament, & Women's Freestyle Tournament USA Weight Classes Director: Dan Mullan 732-222-9182
May 12, 2007	Manchester HS, NJ	Freestyle Clinic/Practice: 9am – 4pm Clinic free to all USA-NJ card holders Clinician: New Jersey's Damion Hahn Director: Dan Mullan 732-222-9182

- **No Weight allowance for State Championships and Ranking Tournaments**
- **All other tournaments will be Madison Weight Pairing**

2007 Road Trip Summary

For *USA-Regional* and *USA-National* event details, go to: www.themat.com

<u>March 23 – 25</u>	<u>Brockport, NY</u>	<u>NE Jr Regional's</u>
<u>March 30-1, 2007</u>	<u>Cedar Falls, IA</u>	<u>Kids Folkstyle Nationals</u>
<u>April 4 – 8</u>	<u>Las Vegas, NV</u>	<u>Senior Nationals</u>
<u>April 20-22, 2007</u>	<u>Akron, OH</u>	<u>ASICS Men's FILA Cadet & University National Championships</u>
<u>June 1-3, 2007</u>	<u>Fairfield, CT</u>	<u>NE Kids/Cadets Regional Championships</u>
<u>June 6-10, 2007</u>	<u>Indianapolis, IN</u>	<u>Schoolboy National Team Duals-Greco/Freestyle</u>
<u>June 21-25, 2007</u>	<u>Kansas City, MO</u>	<u>Cadet National Team Duals-Greco/Freestyle</u>
<u>June 26-1, 2007</u>	<u>Oklahoma City, OK</u>	<u>Junior National Team Duals-Greco/Freestyle</u>
<u>July 5-8, 2007</u>	<u>Green Bay, WI</u>	<u>Midget, Novice, SB National Championships-Greco/Freestyle</u>
<u>July 20-26, 2007</u>	<u>Fargo, ND</u>	<u>Cadet, Junior National Championships-Greco/Freestyle</u>

For more information about scheduled events or tournament bracketing, Richard Santoli, State Chairman (201)-921-3275 or Bob Deutsch, Kids Chairman (856)296-6680. VOLUNTEERS are needed to help at tournaments to pair; update wall charts; run clocks and score at tables; copy results, and much more!

BRONZE CERTIFICATES

USAW Coaches Must be Bronze Certified at 2007 Youth Events

In order to obtain a coach's floor pass at some Regional and National USA events, a person must have completed, at a minimum, the National Coaches Education Program (NCEP) Bronze Level course. The Bronze Level sets the standard for coaching education and offers coaches the opportunity to enhance their on-field experience and professional development. The Bronze Level is especially appropriate for coaches at the high school, college, Olympic, and serious club-sport levels. Coaches can even take the course test online and receive immediate results AT WWW.THEMAT.COM

FEMALE WRESTLERS - Make a plan. Schedule your spring along with other girls. Team New Jersey will field a Junior Women's freestyle team for the Women's Junior National tournament for information contact: Verm Zellner @ 609-670-2141, email verzellner@hotmail.com

2007 USA-NJ Qualifying Criteria for Freestyle & Greco National Tournaments and NJ Dual Teams

Schoolboy, Cadet & Junior Divisions, Girls and Fargo

To Qualify for USA Freestyle and Greco National Tournament

- Schoolboys, Midgets and Novice (Greenbay, WI)
 - Must participate in USA North East Regional FS/Greco tournament.
- Cadets and Juniors (any one of the following) – Fargo, ND
 - Freestyle-
 - Win the NJ Ranking tournament
 - Win the NJ Freestyle State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament
 - Top 3 in any USA Regional Freestyle tournament
 - Greco
 - Win the NJ Greco State tournament
 - Or place 2nd with 8 or more in weight class in NJ State Freestyle tournament
 - Top 3 in any USA Regional Greco Tournament
 - Girls
 - Win the NJ State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament

To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the 2007 Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following (no weight allowance):

- Schoolboy (Indianapolis, IN) and Cadets (Kansas City, MO)
 - Win the Freestyle Ranking Tournament
 - Win the Freestyle State Tournament
 - Win the Greco State Tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- Juniors (Oklahoma City, OK)
 - Freestyle
 - Win the NJ Ranking tournament
 - Win the NJ State tournament
 - Fill out and submit an application with deposit and all necessary information by required date
 - Greco
 - Win the NJ State tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- Girls – Juniors Only
 - All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team
 - Fill out and submit an application with deposit and all necessary information by required date

Alternates and Open Weight Classes

These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA Chairman, and USA Kids Chairman. There is no set number of alternates; they will be selected where needed. Criteria for consideration of Alternates:

- Participation in past USA-NJ Sanctioned Trips
- Participation in past USA-NJ FS/GR Tournaments
- Placement in the USA Scholastic State Tournament
- All-American at any USA National Tournament

Petitions

If a wrestler can not participate in these events for any reason or wants to petition for any reason, for Schoolboys and Cadets, you must notify Bob Deutsch, the Kid's Chairman, in advance, via email, with petition form at bdeutsch@comcast.net or cell 856-296-6680, and for Juniors contact Jim Neighbors squirbear@msn.com or cell 908-202-5149. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician. In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team.

Qualifying Ages

Schoolboys – Must be born in 1993 or 1994 only

Cadets- Must be born in 1991 or 1992 only

Incentives for SB/Cadet/Jrs. Nationals and National Duals

1. Cadet/Junior Nationals:

- a. State High School Scholastic and National Prep Championships winners will get the following reduction of costs:
1st \$250 2nd \$150 3rd \$50 4th – 8th \$25
- b. FILA Cadets and Juniors place winner get the following reduction of costs:
1st \$200 2nd \$150 3rd \$100 4th – 8th \$50

2. Cadet Nationals:

- a. Northeast Regional Cadet will get a reduction of costs. Freestyle and Greco will split \$3,000 each with a sliding scale from 1st thru 3rd. With a maximum payment of \$200 to any wrestler.
- b. Winners of the following Cadet tournaments will get the following reduction of costs:
Ranking \$100 Kids States \$100 Greco \$100
- c. Returning All-Americans get the following reduction of costs:
Cadet to Cadet \$100 Schoolboy to Cadet \$50

3. Junior Nationals:

- a. Northeast Regional Juniors will get a reduction of costs. Freestyle and Greco will split \$4000 each with a sliding scale from 1st thru 3rd, with a maximum payment of \$400 to any wrestler.
- b. Winners of the Junior tournaments will get the following reduction of costs:
Ranking \$150 Junior States \$150 Greco \$150 Girl States \$150
- c. Returning All-Americans get the following reduction of costs:
Junior to Junior \$150 Cadet to Junior \$75 Girls \$75

4. Schoolboy National Duals:

- a. Winner of the Schoolboy following tournaments will get the following reduction of costs:
Ranking \$25 Kids States \$25 Both \$75 NE Regional \$25

5. Cadet Duals:

- a. Winners of the following tournaments and who attend Cadet Nationals will get the following reduction of costs:
Ranking \$50 Kids States \$50 Greco \$50

6. Junior Duals:

- a. Winners of the following tournaments and who attend Junior Nationals will get the following reduction of costs:
Ranking \$100 Junior States \$100 Greco \$100

7. Miscellaneous:

- a. Triple Crown Winners age levels (Midget-Cadet) will get \$500 credit towards any USA/NJ function or trip.
- b. Three style All-Americans age levels (Midget-Cadet) will get \$200 credit towards any USA/NJ function or trip.

****All "reductions of costs" credit to cadet/junior nationals are taken off when final payment is due at camp. All deposits must be paid and any money due must be paid at the start of camp. If there is credit that may cover even the deposit, then this will be reimbursed after the trip. Credits may not exceed the cost of the trip.**

USA Wrestling New Jersey
Presents
Greco Roman Wrestling Clinic
Saturday March 31, 2007
Brick Memorial High School
Brick, New Jersey
9:30 a.m. – 3:00 p.m.
Free to USA Wrestling Members

Featured Clinician -ANDY SERAS

HEAD COACH: -Sacred Heart University

-2004 USA Olympic Team coach

-2006, 2001 & 2002 USA Greco-Roman World Team coach

-2003 & 2001 USA Greco-Roman World Cup Team coach

-2005 USA Jr World Team coach

WRESTLING ACHIEVEMENTS: 1988 USA Olympic Team Member, 1994 Greco-Roman World Cup Champion, 2x Pan American Games Champion, 5x National Open Greco-Roman Champion (2 time OW), 5x USA Greco-Roman World Team member, 1985 NCAA Division III Champion, 4x NCAA Division III All-American, College Dual meet record 64-0-2

AWARDS: 2001 & 2004 USA Wrestling Greco-Roman “Coach of the Year”, 2002 U.S. Olympic Committee “Wrestling Coach of the Year”, Distinguished Member NWCA Division III Hall of Fame, Distinguished Member University at Albany Athletic Hall of Fame

Registration: 9:30 a.m. – 10:00 a.m.

Session I – 10:00 a.m. – 12:00 noon

Lunch Break 12:00 noon – 1:00 p.m. – Concessions stand will be open

Session II – 1:00 p.m. – 3:00 p.m.

USA Membership cards available for sale at the registration

****Potential “Team New Jersey” members are highly encouraged to attend****