

USA WRESTLING NEW JERSEY

SPRING 2009 JUNIOR OLYMPIC
FREESTYLE & GRECO-ROMAN SCHEDULE
Schedule and Road Trip Summary

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The wrestling season does not end with the scholastic states.

The Olympic styles of Freestyle and Greco-Roman wrestling come alive. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions. Listed in this flyer are the 2009 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament dates and sites. This schedule has been designed to facilitate introduction and training of wrestlers to Freestyle and Greco-Roman. All events should be checked on the NJ Wrestling website: www.usawnj.org or the USA Wrestling national website: www.themat.com

Getting good training and competition is vital to one's development in Freestyle wrestling and Greco-Roman wrestling. Training and competing in State and National events will greatly enhance one's skills and knowledge of the sport. The Goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same.

See you at the TOP!!!

Coaches are needed. If you can provide assistance, contact William Terrell at (732) 826-0303 or Rich Santoli at (201) 921-3275.

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Age & Weight Level; Developmental; Qualifiers; and Championships

ALL NJ TOURNAMENTS\* will contain the following age divisions for both Freestyle and Greco Wrestling: Intermediate, Novice, Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and/or styles in place of the normal developmental tournament for that division. These tournaments will be noted. See the age level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers who must participate in designated tournaments to qualify for the team competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the New Jersey Fargo trip.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

- Seniors Born 1989 or before: 110, 121, 132, 145.5, 163, 185, 211.5, 264.5
(Those born in 1990-1991 need medical certificate to participate in this division)
(Athletes High School class must have graduated)
JUNIORS Born after 9/1/89 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
(Must be enrolled in grades 9-12)
JUNIORS (Women) Born after 9/1/89 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220
(must be enrolled in grades 9-12)

KIDS DIVISIONS

- CADETS Born 1993-1994 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
SCHOOLBOY/GIRL Born 1995-1996 70,77,84,91,98,105,112,120,128,136,144,152,160,175,190,210,265
NOVICE Born 1997-1998 60-105 by 5=s, 112, 120, 130, 140, 140+ \* 25 lbs. Max difference
INTERMEDIATE Born 1999-2000 50-80 by 5=s, 87, 95, 103, 112, 120, 120+ \* 20 lbs. max difference
BANTAM Born 2001-2002 40-75 by 5's, 75+ \*15 lbs. max difference

\*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers

## 2009 USAW/NJ FREESTYLE and GRECO Schedule

**\* All Registrations and Weigh-ins 8 am – 9 am**

Date                      Place                                      Event, Styles/ages/weights, Director, Phone

**MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments**

April 4, 2009      Voorhees HS, NJ                      Fs / Gr Developmental Tournament  
All age Divisions  
Glen Garder NJ 08826              Madison Weight Classes  
Director: Bob Baker 732-735-8353

**MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments**

April 19, 2009      Long Branch HS,NJ                      Ranking Tournament Schoolboy,Cadet JR  
Schoolboy, Cadet, & Jr. Freestyle only  
Long Branch NJ 07740              USA weight classes  
Director: Dan Mullan 732-233-5857

**MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments**

April 26, 2009      So. Plainfield PAL, NJ                      Fs/Gr Developmental Tournament  
All age Divisions  
South Plainfield NJ 07080              Madison Weight classes  
Director: Bill Ashnault 908-296-3067

**MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments**

May 3, 2009              Eastern HS, NJ                      Junior/Girls Freestyle & Greco States  
USA Weight Classes  
Voorhees NJ 08043                      Kids/Cadets& Senior Madison weight Classes  
D Director Bob Deutsch 856-296-6680

**MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments**

May 17, 2009      Bergen Catholic, NJ                      Kids/ Cadets Freestyle & Greco State Tournament  
USA Weight classes  
Oradell NJ 074649                      Jr.&,Seniors Madison Weight Classes  
Director: Rich Santoli 201-921-3275

**No Weight allowance for State Championships and Ranking Tournaments**

**MUST WEIGH IN WITH COMPETITIVE SINGLET**

**All other tournaments will be Madison Weight Pairing MUST WEIGH IN WITH COMPETITIVE SINGLET**

## 2009 Road Trip Summary

For USA-Regional and USA-National event details, go to: [www.themat.com](http://www.themat.com)

<u>April 3-5,2009</u>	Brockport, NY	<u>NE Jr Regional's</u>
<u>April 3-5, 2009</u>	Cedar Falls, IA	<u>Kids Folkstyle Nationals</u>
<u>April 23-26, 2009</u>	Akron, OH	<u>ASICS Men's FILA Cadet &amp; University National Championship</u>
<u>May 29-31, 2009</u>	Broome County Community College, NY	<u>NE Kids/Cadets Regional Championships</u>
<u>June 17-21, 2009</u>	Indianapolis, IN	<u>Schoolboy National Team Duals-Greco/Freestyle</u>
<u>June 17-21, 2009</u>	Rochester,MN	<u>Cadet National Team Duals-Greco/Freestyle</u>
<u>June 23-28, 2009</u>	Oklahoma City, OK	<u>Junior National Team Duals-Greco/Freestyle</u>
<u>June30-1, 2009</u>	Salt Lake City, UT	<u>Midget, Novice, SB National Championships-Greco/Freestyle</u>
<u>July 18-25, 2009</u>	Fargo, ND	<u>Cadet, Junior National Championships-Greco/Freestyle</u>

# 2009 USA-NJ Qualifying Criteria for Freestyle & Greco National Tournaments and NJ Dual Teams

## Schoolboy, Cadet & Junior Divisions, Girls and Fargo

### To Qualify for USA Freestyle and Greco National Tournament

- ◆ Schoolboys, Midgets and Novice (Salt Lake City, UT)  
Must participate in USA North East Regional FS/Greco tournament.
- ◆ Cadets and Juniors (any one of the following) - Fargo, ND
  - Freestyle-
    - Win the NJ Ranking tournament
    - Win the NJ Freestyle State tournament
    - Or place 2<sup>nd</sup> with 8 or more in weight class in NJ State tournament
    - Top 3 in any USA Regional Freestyle tournament
  - Greco
    - Win the NJ Greco State tournament
    - Or place 2<sup>nd</sup> with 8 or more in weight class in NJ State tournament
    - Top 3 in any USA Regional Greco Tournament
  - Girls
    - Win the NJ State tournament
    - Or place 2<sup>nd</sup> with 8 or more in weight class in NJ State tournament

### To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the 2009 Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following (no weight allowance);

- ◆ Schoolboy (Indianapolis, IN) and Cadets (Rochester, MN)
  - Win the Freestyle Ranking Tournament
  - Win the Freestyle State Tournament
  - Win the Greco State Tournament
  - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Juniors (Oklahoma City, OK)
  - Freestyle
    - Win the NJ Ranking tournament
    - Win the NJ State tournament
    - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Girls - Juniors Only
  - All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team
  - Fill out and submit an application with deposit and all necessary information by required date

### Alternates and Open Weight Classes

These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA Chairman, and USA Kids Chairman.

There is no set number of alternates; they will be selected where needed. Criteria for consideration of Alternates:

- Participation in past USA-NJ Sanctioned Trips
- Participation in past USA-NJ FS/GR Tournaments
- Placement in the USA Scholastic State Tournament
- All-American at any USA National Tournament

### Petitions

If a wrestler can not participate in these events for any reason or wants to petition for any reason, for Schoolboys and Cadets, you must notify John Grey, the Kid's Chairman, in advance, via email, with petition form at [jgrey63301@aol.com](mailto:jgrey63301@aol.com) or cell 201-317-3973, and for juniors contact Jim Neighbors [squirbear@msn.com](mailto:squirbear@msn.com) or cell 908-202-5149. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician.

In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team.

### Qualifying Ages

Schoolboys - Must be born in 1995 or 1996 only

Cadets - Must be born in 1993 or 1994 only

Juniors/Girls - Grade 9-12

## Incentives for Cadet/Jrs. Nationals and National Duals

- 1. Cadet/Junior Nationals:**
  - a. State High School Scholastic and National Prep Championships winners will get the following reduction of costs:  

1 <sup>st</sup> \$250	2 <sup>nd</sup> \$150	3 <sup>rd</sup> \$50	4 <sup>th</sup> -8 <sup>th</sup> \$25
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  - b. FILA Cadets and Juniors place winner get the following reduction of costs:  

1 <sup>st</sup> \$200	2 <sup>nd</sup> \$150	3 <sup>rd</sup> \$100	4 <sup>th</sup> -6 <sup>th</sup> \$50
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- 2. Cadet Nationals:**
  - a. Northeast Regional Cadet will get a reduction of costs. Freestyle and Greco will split \$3,000 each with a sliding scale from 1<sup>st</sup> thru 3<sup>rd</sup>. With a maximum payment of \$300 to any wrestler.
  - b. Winners of the following Cadet tournaments will get the following reduction of costs:  

Ranking \$100	Kids State \$100	Greco \$100
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  - c. Returning All-Americans get the following reduction of costs:  

Cadet National Champs \$150	Schoolboy to Cadet \$50
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Cadet to Cadet, Schoolboy National Championship \$100
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- 3. Junior Nationals:**
  - a. Northeast Regional Juniors will get a reduction of costs. Freestyle and Greco will split \$4,000 each with a sliding scale from 1<sup>st</sup> thru 3<sup>rd</sup>, with a maximum payment of \$400 to any wrestler.
  - b. Winners of the tournaments will get the following reduction of costs  

Ranking \$150	Junior States \$150	Greco \$150	Girl States \$150
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  - c. Returning All-Americans get the following reduction of costs:  

Junior Nat. Champs \$200	Junior to Junior or Cadet Nat. Champ \$150
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Cadet to Junior or Girls \$75
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- 4. Schoolboy National Duals:**
  - a. Winner of the Schoolboy following tournaments will get the following reduction of costs:  

Ranking \$25	Kids States \$25	Both \$75	NE Regional \$75
Scholastic State Champ \$100	2 <sup>nd</sup> thru 4 <sup>th</sup> \$75	5 <sup>th</sup> thru 8 <sup>th</sup> \$50	
Schoolboy National Champ \$100	AA Novice Nat. Champ \$75		
Novice AA \$50			
- 5. Cadet Duals:**
  - a. Winners of the following tournaments and who attend Cadet Nationals will get the following reduction of costs:  

Ranking \$75	Kids States \$75	Greco \$75	Cadet National Champ \$400
Cadet AA or Schoolboy National Champ \$200	Schoolboy AA \$100		
- 6. Junior Duals:**
  - a. Winners of the following tournaments and who attend Junior Nationals will get the following reduction of costs:  

Ranking \$125	Junior States \$125	Greco \$125	Jr National Champ \$400
Jr AA or Cadet National Champ \$200	Cadet AA \$100		
- 7. Miscellaneous:**
  - a. Triple Crown Winners age levels (Midget-Cadet) will get \$500 credit and Three style All-Americans age levels (Midget-Cadet) will get \$200 credit towards any USA/NJ function or trip.

\*\*All "reductions of costs" credit to cadet/junior nationals are taken off when final payment is due at camp. All deposit must be paid and any money due must be paid at the start of camp. If there is credit that may cover even the deposit, then this will be reimbursed after the trip. Credits may not exceed the cost of the trip.