

CONGRATULATIONS!

You have just qualified for the

~~~~~**USA WRESTLING**~~~~~

**NJ WRESTLING FEDERATION 2010 STATE TOURNAMENT**

Please take the time to read this information. If you still have any questions, contact:

**John Grey, Jr. (201) 317-3973**

You may not enter any other qualifier at any weight or age group. If you do so, you will be disqualified from the States. If you sent an application to another Director, please call that site and advise them that you have already qualified.

**~~~~~SATELLITE WEIGH-IN SITE INFORMATION~~~~~**

**LOOK FOR YOUR DIVISION FIRST – THEN CHOOSE ANY SITE LISTED IN YOUR DIVISION.**

**\*\*THERE WILL BE NO MORNING WEIGH-INS.\*\***

**JUNIOR AND INTERMEDIATE DIVISIONS:**

**Date:** FRIDAY, March 12, 2010  
**Time:** 6:00 – 8:00 PM  
**Choose a Site:** Fair Lawn, Moorestown,  
Randolph, Toms River or Union

**BANTAM, NOVICE, AND HS CADET DIVISIONS:**

**Date:** FRIDAY, March 19, 2010  
**Time:** 6:00 – 8:00 PM  
**Choose a Site:** Howell, Lakeland, North Hunterdon,  
Northern Burlington, or Union

**~~~~~TOURNAMENT INFORMATION~~~~~**

1. STATE FINAL TOURNAMENT WILL BEGIN WRESTLING AT 8:00 AM SHARP. MAKE SURE YOU ALLOW AMPLE TIME TO ENTER BUILDINGS. BE READY TO COMPETE AT 8:00 AM. Due to anticipated complete weight classes, wrestlers who are called three times will be marked as forfeiting match.
2. HEADGEAR, ONE-PIECE COMPETITIVE SINGLETs, AND MOUTHPIECES (FOR WRESTLERS WITH BRACES) ARE MANDATORY. Wrestlers will NOT BE PERMITTED to participate without the use of these items.
3. NO WEIGHT ALLOWANCE OR CHANGE OF WEIGHT CLASS for the state tournament. The state tournament is a double-elimination even. The top 8 wrestlers will receive medals. Satellite weigh-in sites listed above will ONLY be available Friday PM prior to each State Tournament weekend.
4. Name of CLUB/TEAM/TOWN (Use only one) listed on entry form for qualifier is what will be used for State Tournament separation. Club/Team/Town will be separated in first round of State competition, IF POSSIBLE.
5. ALL SEEDING QUESTIONS/CHANGES MUST BE REFERRED TO THE HEAD TABLE PRIOR TO 8:00 AM ON THE DAY OF THE STATE CHAMPIONSHIP. ABSOLUTELY NO CHANGES WILL BE CONSIDERED AFTER THE 8:00 AM DEADLINE.

| <u>DIVISION</u> | <u>DATE</u>             | <u>LOCATION</u> |
|-----------------|-------------------------|-----------------|
| Bantam          | Sunday March 21, 2009   | Union           |
| Novice          | Saturday March 20, 2009 | Union           |
| Junior          | Sunday March 14, 2009   | Moorestown      |
| Intermediate    | Saturday March 13, 2009 | Moorestown      |
| HS Cadets       | Sunday March 21, 2009   | Union           |

**DIRECTIONS TO ALL SITES FOR WEIGH-INS AND STATE TOURNAMENT – SEE BACK**

Breakfast, Lunch, and Dinner will be available at the tournament.

Wrestling Gear will also be available.

There will be an admission charge for all non-entrants. Adults - \$5.00 Children - \$2.00

## ***DIRECTIONS TO ALL SITES***

**FAIRLAWN HIGH SCHOOL** *Directions: From the South:* GSP North to Exit 160. Left at light onto Passaic Ave. Go 1/2 mile over bridge. Bear right onto Route 4 West. Merge onto Route 208 North. Exit Fair Lawn Ave West. Make a left at light onto Orchard St. Go to end. High School is across Berdan Ave.

*From the West:* Route 80 East to Exit 62 onto GSP North. Follow directions from above.

*From the North:* GSP South to Exit 163 for Route 17. Merge onto Route 17 South. Go to Route 4 West. Merge onto Route 208 North. Exit Fair Lawn Ave West. Make a left at light onto Orchard St. Go to end. High School is across Berdan Ave.

*Tournament Director: Joe Yuskaitis (201) 203-0299*

**HOWELL HIGH SCHOOL** *Directions: From the North:* Garden State Parkway to Exit 98, Interstate 195. Take Interstate 195 West to Exit 31 (Rt. 524/Farmingdale). Take Rt. 524 toward Farmingdale to first traffic light (Rt. 524A). Left onto Rt. 524A and proceed directly to Howell High School.

*From the East:* Interstate 195 West to Exit 31 (Rt. 524/Farmingdale). Take Rt. 524 toward Farmingdale to first traffic light (Rt. 524A). Left onto Rt. 524A and proceed directly to Howell HS.

*From the West:* Interstate 195 East to Exit 31 (Rt. 524/Farmingdale). Take Rt. 524 toward Farmingdale to first traffic light (Rt. 524A). Left onto Rt. 524A and proceed directly to Howell HS.

*Tournament Director: Harry Turner (732) 458-0140 Email: heavyweight@optonline.net*

**LAKELAND REGIONAL HIGH SCHOOL** *Directions:* From I-287 North or South, take Exit 55.

Follow signs for Wanaque, Rt. 511 North. Travel North on Rt. 511 for 3.3 miles. Make a right onto Conklintown Road. Lakeland Regional High School is on right.

*Tournament Director: James Patacco (973) 835-1312 Email: JayceeJet@aol.com*

**MOORESTOWN HIGH SCHOOL** *Directions:* 350 Bridgeboro Road, Moorestown, NJ 08057

From Route 295 North or South – Take Exit 40B to Route 38 West. After getting on Route 38, make a right at the sign for Marter Ave/East 38/295. Stay in right lane. Make a right at the stop sign. Go to the second traffic light and make a left onto Main Street. Go ½ mile and make a right turn onto North Stanwick Road. Follow North Stanwick 1.3 miles and turn right onto Bridgeboro Road. Entrance is 1/10 of a mile on the right. Go to the left side of school and follow to the back of the school to Moorestown Athletic Center.

*Tournament Director: Dominic Argentieri (215) 519-6319 or Jeff Klein (856) 727-1369*

**NORTH HUNTERDON HIGH SCHOOL** *Directions:* (Near Clinton) Located 1 mile South of I-78 (Exit 17) on Rt. 31.

Turn right onto Regional Road to first driveway on right.

*Tournament Director: Rob Kirchberger (908) 735-7924 NO CALLS AFTER 9 PM Email: NorthLions.Wrestling@gmail.com*

**NORTHERN BURLINGTON HIGH SCHOOL** *Directions:* From I-295: to Exit 52 (Columbus). Go 3 lights, make a left at light, proceed onto Rt. 206 North for 2 miles, make right onto Mansfield Rd. East (First Light). High School is on left.

From NJ Turnpike: to Exit 7, get onto Rt. 206 South, proceed for 2 miles, make left onto Mansfield Rd. East. Northern Burlington High School is on the left.

*Tournament Director: Bart Townsend (609) 758-1622 NO CALLS AFTER 9 PM*

**RANDOLPH HIGH SCHOOL** *Directions:* From I-287 - to Rt. 10 West - to Millbrook Ave. Exit (just before 8th light).

Take jughandle & turn LEFT onto Millbrook Ave. Follow approx. 1 - 1/2 miles to Randolph HS on right. Entrance is at far left of HS.

*Tournament Director: Virginia Spaanstra (973) 332-9032 Email: VSpaanstra@aol.com*

**TOMS RIVER EAST HIGH SCHOOL** *Directions:* Garden State Pkwy North/South Exit 82. Route 37 East, 7 traffic lights to Coolidge Ave. jughandle. Cross over Rt. 37, continue on Coolidge Ave. (North approx., 1 mile) to Raider Way; turn left.

Toms River HS East is on left.

*Tournament Director: John Corrigan (732) 286-9846*

**UNION HIGH SCHOOL** *Directions:* Traveling Parkway South, Exit 141, right on Vauxhall Rd. Go 5 lights, left on Stahuber Dr., left at High School. Traveling Parkway North, Exit 139B, follow ramp, right turn back under Pkwy, stay on street, bear right under bridge, Stuyvesant Ave. Go to center island with cannon on it, make left around cannon onto Elmwood Ave. Second light, left onto Morris Ave., go past 1 light, right at Administration Bldg. (Cooke Dr.) Football field and school on left.

*Tournament Director: Angelo Zuena (908) 851-9289 NO CALLS AFTER 9 PM*