

# USA Wrestling Bronze Level Coaches Certification Course

**Saturday - 11/20/2010 - 10am - 2pm**

**Deptford Rec Center – 52 Montague Lane, Deptford, NJ 08096**

**Purpose** - A comprehensive coaching education program for wrestling coaches who are committed to expanding their knowledge in the art and science of the coaching of wrestling. This is the first of a three part advanced coaching education program. The ensuing two parts are Silver and Gold level certification.

**Audience** - Volunteer, high school, club, collegiate, and elite international coaches who are looking to improve their knowledge and ability. Professional coaches who wish to continue their knowledge of the Sports Sciences, Sports First Aid, and Wrestling Technique and Tactics. For all coaches who aspire to be national team (all age groups included) coaches.

Course required to attend Silver College, Coaches Pool, International Team Coach or Leader, Junior & Cadet Nationals, Junior & Cadet Duals

Copper is not a pre-requisite for the Bronze; however, it may be valuable to those coaches that do not have advanced formal coaching education.

**PARTICIPANTS MUST HAVE A CURRENT 2010-11 USAW COACH MEMBERSHIP.**

**Curriculum** - Bronze Certification Course attendance at a 4 hour clinic plus self-study of the USA Wrestling Coach's Guide to Excellence and self-study test. The clinic will emphasize group interaction facilitated by the instructor.

**Awards** - Upon course completion, the tests will be graded and processed by USAW's NCEP staff. Please allow 3-4 weeks for processing. Participants who successfully complete the self-study test at an 80% or better rate will be Bronze Certified.

Bronze Certified Coaches will receive a certificate, Bronze level Coach's Card, and a NCEP Bronze Certified Coach's shirt.

Please email [admin@njwrestling411.com](mailto:admin@njwrestling411.com) for info – Register by **11/12/2010**

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Name: \_\_\_\_\_ USA Card#: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell: \_\_\_\_\_ Home: \_\_\_\_\_ Email: \_\_\_\_\_

Team/Club: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

**Mail w/ Check for \$75.00 per Coach, Payable to: Chris Rogers – 300 Arch Street – Delran, NJ 08075**